

## **NORDIC WALKING GUIDED EXCURSIONS**

In order to proceed with the booking of your favourite tour, fill the form below and provide it to the reception!

Name and Last Name		
Telephone Number:		
Day of Interest:		
Tour of Interest:	(to be selected from the list)	

## Trieste from above

2:30 h (+ bus) – Medium Difficulty Excursion

Overlooking Trieste traversing green secondary routes, where traffic is nonexistent.

Starting from Prosecco, from Sentiero della Napoleonica, we will reach Sentiero Stefania, Gretta, the Monte Radio Piščanci e finally Roiano, where a bus will drive us back to the starting point.

A spectacular itinerary, of almost 8 km, of medium difficulty and with few climbs.

## o From Prosecco to Santa Croce

3:00 h – Easy Difficulty Excursion

Promenade between Prosecco and Santa Croce, along an easy ring trail of 10 km c.a.

We will cross unexplored woods, among juniper bushes and sumac plants, enjoying the evocative views over our wonderful coast.

## Sentiero della Salvia

2:30 h – Easy Difficulty Excursion

Hike between the Vedetta Tiziana Weiss and Santa Croce, an easy path with a lenght of appoximately 8 km.

During the entire walk we will be accompanied by the sea's babble, the Karst stone's whiteness and the unequivocal fragrance of the sage, after which this track is named.

Reservation: necessary withing 5:00 p.m. of the previous day, guaranteed upon availability

Price: € 10,00 per person

Approximate departure time: 10:00 a.m.

Meeting at the Hotel, trip to the itinerary with own vehicles.